The Your Major Workshop is setup in Canvas as an online, self-paced course. Upon completing each module, the next module will open for students to complete. Each module is designed to teach a different element related to the career decision making process and will allow students to learn more about themselves, the process of exploring careers and majors, higher education, and informed decision making. The learning process will take place through video presentations, online resources to explore, career assessments, and activities or worksheets to complete. Students will also meet with a career counselor via Zoom for individual assistance and result interpretations, as well as representatives from the different colleges of interest.

LEARNING OUTCOMES

Upon completing this workshop, students will be able to:

- Navigate the career and major exploration process
- Enhance self-awareness through self-assessments
- Discover career options and specific majors available at Auburn University
- Utilize a variety of resources to explore and gather information needed to make an informed decision
- Evaluate career options based on professional interests, personality, skills, and values

COURSE MODULES & STRUCTURE

Module 1: Prepare- Know College
Module 2: Thrive- Know Yourself
Module 3: Explore: Know Your Options
Module 4: Adapt- Know Change is Inevitable
Module 5: Engage- Know Your Next Steps