The Parent Portion of the Your Major Workshop will consist of a variety of recorded presentations to help you to better understand and assist your student in their transition to the university. You will be learning more about what your student is learning in the program as well as ideas on how you can assist their exploration. The learning process will take place through video presentations, online resources to explore, and a live Zoom panel with representatives from Student Counseling and Psychological Services, Academic Support, and Parent and Family Programs.

LEARNING OUTCOMES

Upon completing this workshop, parents will be able to:

- conceptualize how your student's brain is developing as they prepare for and enter college, and the impact this developmental stage has on their decision making
- teach your student about academics at Auburn – policies, majors/minors, resources
- refer students to resources and tools that will help make informed and practical decisions about their future career
- support student’s career development as they are choosing a major and career

COURSE MODULES & STRUCTURE

Module 1: Introduction to career planning
Module 2: Career assessment results and how to use
Module 3: How you can help
Module 4: How the University Career Center can help
Module 5: Learn from the experts- Campus resource panel