PATHWAYS | Physical Activity & Health

Bachelor of Science in Physical Activity & Health

COURSE SELECTION

- Meet with your academic advisor each semester to discuss career goals and create a plan for completing graduation requirements
- Take BIOL 1020/1021 & BIOL 1030/1031

FRESHMAN

- Meet with your academic advisor to discuss career goals
- Take BIOL 2500, BIOL 2510, & KINE 3680

SOPHOMORE

- Meet with your academic advisor to discuss career goals and whether you are a competitive applicant for graduate school
- Take KINE 5500/5501

JUNIOR

- Take pre-requisites for the graduate schools you are pursuing

SENIOR

ASK FOR ASSISTANCE

- Check in each term with your academic advisor in the School of Kinesiology to discuss your progress and available support services

GAIN EXPERIENCE

- Consider what you want to do for your internship
- Use Handshake to explore employers actively hiring in your field and search part-time jobs that can add experience to your resume

- Start building connections for a possible future internship
- Use LinkedIn (linkedin.com/alumni) to identify past graduates in your major
- Contact them to set up informational interviews and shadowing opportunities to gain further understanding of your major in the world of work

- Start making contacts with possible internship sites
- Meet with internship coordinator to complete paperwork for internship
- Attend career events like the AU Career Fair, Engineering & Technology Career Fair, and Grad School Info Day

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- Meet with your academic advisor to make sure that all graduation requirements are met
- Ask the UCC for help in preparing your résumé and cover letter

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GET INVOLVED

- Utilize AUInvolve (auburn.edu/auinvolve) to identify organizations of interest to attend meetings and enhance your resume

- Pursue leadership roles in the student organizations in which you participate
- Apply to become a College of Education Student Ambassador

- Develop relationships with faculty so you can participate in undergraduate research opportunities

- Connect with AU alumni and stakeholders to enhance professional opportunities

Cardiac Rehabilitations
Minimum Education: B.S.
Entry Level Salary Range: $18.0K - $30.0K

Personal Training
Minimum Education: B.S.
Entry Level Salary Range: $19K - $64K

Athletic Trainer
Minimum Education: M.S.
Entry Level Salary Range: $31.3K - $39.8K

These are just three options out of many that physical activity & health majors pursue. For more career options be sure to check out “What Can I Do With a Major In...” on auburn.edu/career.

The program provides students with relevant knowledge, skills, and experience to become competent allied health professionals in various settings. Students will develop the key skills for assessing health and fitness, and behavioral strategies that encourage physical activity and improve the health and fitness status in others. Graduate education is an option.

University Career Center
303 Mary Martin Hall | career.auburn.edu

Mary Martin Hall, home of the University Career Center

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School of Kinesiology | 301 Wire Road | 334.844.4483 | education.auburn.edu/kinesiology