



Resume Sample - Graduate Student - Physical Activity & Health

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LEAH ADAMSON

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EDUCATION

Auburn University Auburn, AL
Master of Science in Physical Activity and Health May 2016

- Minor in Sport Management

Bachelor of Science in Exercise Science August 2013

- Minor in Psychology

PROFESSIONAL EXPERIENCE

Auburn University, Student Health Services Auburn, AL
Graduate Assistant for Campus Wellness Faculty and Staff Office August 2013-Present

- Conduct preventative health screenings, including blood pressure, anthropometric measurements, and blood work interpretation
- Utilize motivational interviewing skills to provide one-on-one wellness education
- Assist with planning, implementing, and evaluating evidence-based education and behavior change programs for employees
- Facilitate health education workshops and presentations for University employees
- Manage the Campus Wellness social media sites and develop the weekly newsletter

United States Embassy Berlin, Germany
Seasonal Hire Summers 2011-2013

- Developed data management programs
- Managed the new seasonal hire introduction program
- Implemented social media strategies while managing the Embassy's Facebook page
- Compiled and paraphrased international and local news clippings for Embassy-wide weekly distribution
- Attended and reported on conferences and interviews with foreign dignitaries

Auburn University, Exercise Science Department Auburn, AL
Research Assistant February 2012-May 2013

- Assisted with pilot testing, data entry, and manuscript composition for a validation study of the light sensor of the GT3X+ ActiGraph accelerometer
- Assisted with anthropometric measurements, physical activity assessment, and abstract preparation for a study looking at parental knowledge of physical activity recommendations and their ability to assess their child's physical activity

CERTIFICATIONS

American Heart Association Adult and Infant CPR and AED certified August 2013